



Transform Your Approach with Person-Centered Thinking (PCT) Training

Are you ready to elevate the way you support individuals?

Join us for an engaging and comprehensive 2-day training in Person-Centered Thinking (PCT), a transformative approach designed to enhance support, foster meaningful connections, and empower the people you serve. Offered virtually or in-person, this immersive training equips you with the knowledge and tools to make a genuine impact in your daily work.

What You'll Learn:

➔ Discover Individual Strengths and Preferences:

- Use PCT tools to identify what truly matters to each person you support, understanding their unique strengths, preferences, and values.

➔ Create Personalized Support Plans:

- Develop action plans that are in alignment with individual goals and aspirations, ensuring a supportive framework that enhances their quality of life.

➔ Foster Meaningful Relationships:

- Learn the art of building trusting, compassionate relationships, essential for creating an environment where individuals feel valued and understood.
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Key Benefits of PCT Training:

➔ Deep Understanding of PCT Principles:

- Gain a comprehensive foundation in the values and practices of Person-Centered Thinking, an approach that puts individuals' needs and goals at the forefront.

➔ Practical Skills for Daily Application:

- Develop hands-on skills for applying PCT techniques in your role, helping you support individuals in a way that's responsive and tailored to their unique needs.

➔ Effective Facilitation Techniques:

- Learn how to lead PCT sessions with confidence, empowering others to explore their preferences, make informed choices, and set personal goals.

➔ Connection with Like-Minded Professionals:

- Join a community of professionals dedicated to enhancing individual well-being through

person-centered practices. Share insights, discuss challenges, and build valuable professional connections.

Training Format:

- **Duration: 16 hours (2 full days)**
- **Format: Available virtually or in-person to suit your team's needs**

Ready to bring Person-Centered Thinking into your organization? Empower your team to provide meaningful, individualized support that truly makes a difference.

For more information or to schedule a session, contact us at info@hymanconsulting.com or book a free consultation through our Calendly link: <https://calendly.com/hymanconsulting/hyman-consulting>